

MÁSTER EN HEPATOLOGÍA



Universidad
de Alcalá

Asignatura: Hepatitis Virales

Hepatitis D (delta)

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Sumario

- Etiología
- Epidemiología/poblaciones de riesgo
- Virología
- Patogénesis
- Genotipos
- Historia natural
- Diagnóstico
- Tratamiento

Hepatitis D: datos básicos



9-60 million people infected with HDV globally

Defective RNA virus, requiring HBV for infection

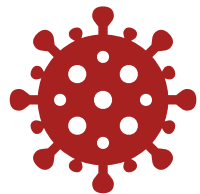
4.5-13% of HBV carriers co-infected with HDV



Most severe form of viral hepatitis

Increased risk of cirrhosis/HCC and higher mortality vs HBV


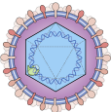

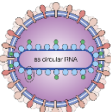

Progression to cirrhosis within 5 years and to HCC within 10 years



Eight HDV genotypes

Until recently, no approved therapeutic options

El VHD causa la forma más grave de hepatitis vírica

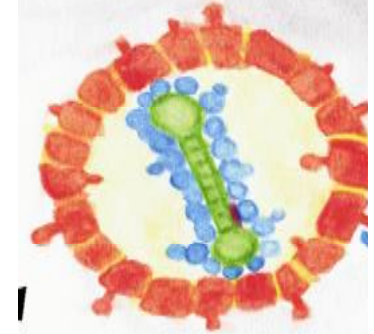
		Risk of progression to chronic hepatitis?	Risk of cirrhosis/HCC?
	Hepatitis A ²	✗ No, but can cause fatal fulminant hepatitis in a very small proportion	✗ No as infection is generally short-lived
	Hepatitis B ³	✓ Adults: 5% Children: 90%	✓ 20-30% (lifetime)
	Hepatitis C ⁴	✓ 55-85%	✓ 15-30% (20 years)
	Hepatitis D ¹	✓ 76%	✓ Cirrhosis within 5 years; HCC within 10 years
	Hepatitis E ⁵	✓ Can occur rarely in immunosuppressed individuals	✗ No, as virus does not result in chronic infection

1. Miao Z, et al. J Infect Dis 2020;221:1677-87; 2-5. Hepatitis: fact sheets - World Health Organization
 2. Hepatitis A. Available at: <https://www.who.int/news-room/fact-sheets/detail/hepatitis-a>; 3. Hepatitis B. Available at: <https://www.who.int/news-room/fact-sheets/detail/hepatitis-b>; 4. Hepatitis C. Available at: <https://www.who.int/news-room/fact-sheets/detail/hepatitis-c>; 5. Hepatitis E. Available at: <https://www.who.int/news-room/fact-sheets/detail/hepatitis-e>. (All WHO fact sheets accessed March 2021).

HCC: hepatocellular carcinoma; HDV: hepatitis D virus;
 WHO: World Health Organization.

Virus de la hepatitis D (delta)

- Defective virus that needs HBsAg for dissemination
- Smallest animal virus (genome 1,700 nucleotides)
- Similarities with viroids
- More rapid progression to liver cirrhosis and liver cancer



*Rizzetto M, et al
Gut 1977*

*Calle Serrano et al.,
Semin Liver Dis. 2012;*

*Lempp et al.,
Nature Reviews Gastro. & Hepatol.,
2016*

Wedemeyer et al., J Hepatology, 2020

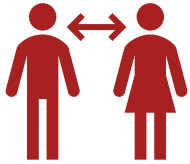
Hepatitis D. Etiología



Cause

Infection with HDV

Only patients infected with HBV can contract HDV - HDV is acquired simultaneously (co-infection) or as a superinfection in those already infected with HBV



Transmission

Via direct contact with bodily fluids

Routes of transmission: contaminated needles or transfusion, sexual transmission, mother to baby



Symptoms

Often asymptomatic

No particular symptoms relate specifically to HDV. Individuals with chronic infection are at high risk of developing severe liver disease, including cirrhosis and HCC



Course of infection

Acute or chronic

Acute: occurs suddenly, may cause severe symptoms, resolves within 6 months. However, can lead to acute liver failure
Chronic: long-term consequence of infection associated with high risk of liver disease

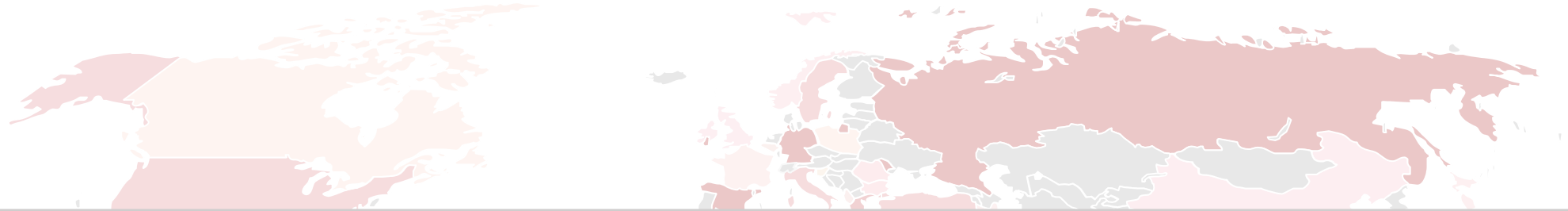


Consequences of infection

Increased risk of cirrhosis and HCC than HBV alone

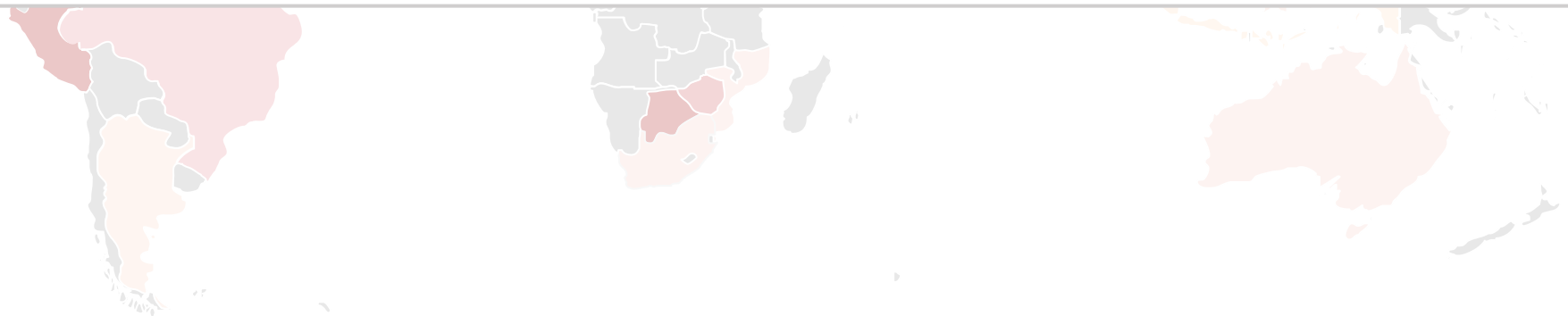
HDV is the most severe form of chronic viral hepatitis due to more rapid progression to liver-related death and HCC than the other viruses

Approximately 4.5-13% of HBsAg-positive carriers are co-infected with hepatitis D

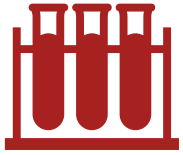


The true global prevalence of HDV is unknown due to insufficient data

Estimated prevalence varies substantially between countries and analyses

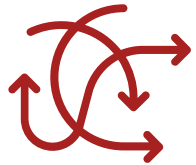


Concerted efforts are needed to overcome challenges when assessing the global epidemiology of HDV



Insufficient testing

- Variation in screening guidance and lack of effective therapy until recently
- Low proportion of HBsAg-positive individuals are considered for HDV testing



Variable estimates from individual countries

- Potential variability in type of source data between studies
- Some analyses may exclude certain groups at high risk of HDV (ie injecting drug users, HIV patients, patients with liver disease)
- No concerted global effort to look at the epidemiology of HDV as a whole



Lack of accuracy

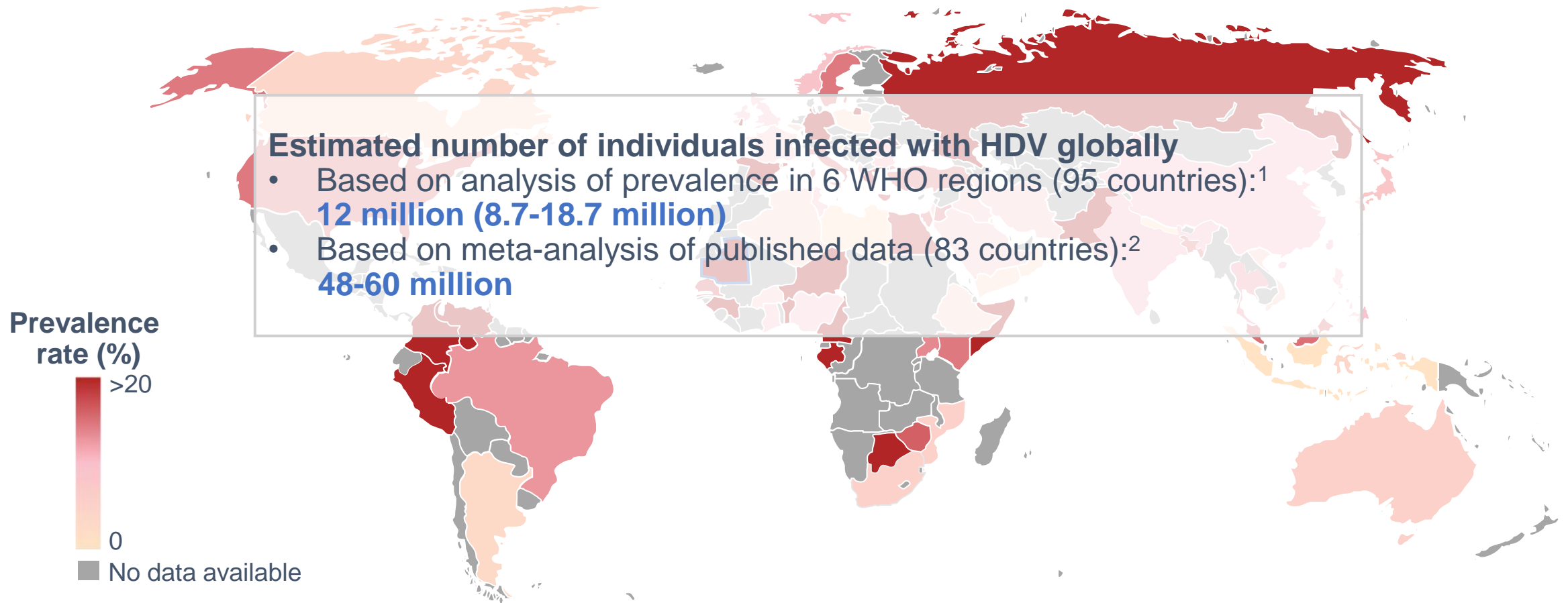
- Many studies assessing HDV seroprevalence in HBV patients do not use confirmatory PCR tests
- Lack of standardised confirmatory tests



Outdated information

- Inclusion of data from analyses conducted before HBV vaccination programmes were initiated

Approximately 4.5-13% of HBsAg-positive carriers are co-infected with HDV

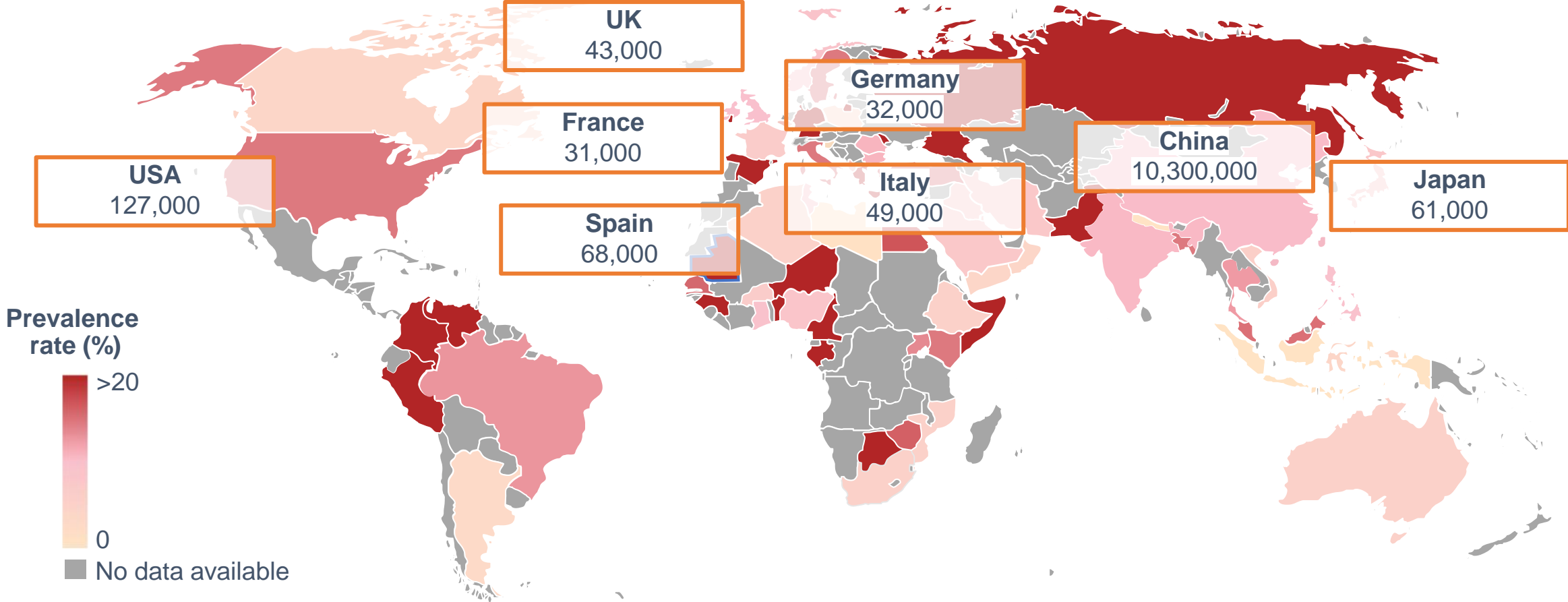


1. Stockdale AJ, et al. J Hepatol 2020;73:523-3;
2. Miao Z, et al. J Infect Dis 2020;221:1677-87.

Prevalence of HDV in HBsAg-positive patients from Ref 2.
HBsAg: hepatitis B surface antigen; HDV: hepatitis delta virus; WHO: World Health Organization.

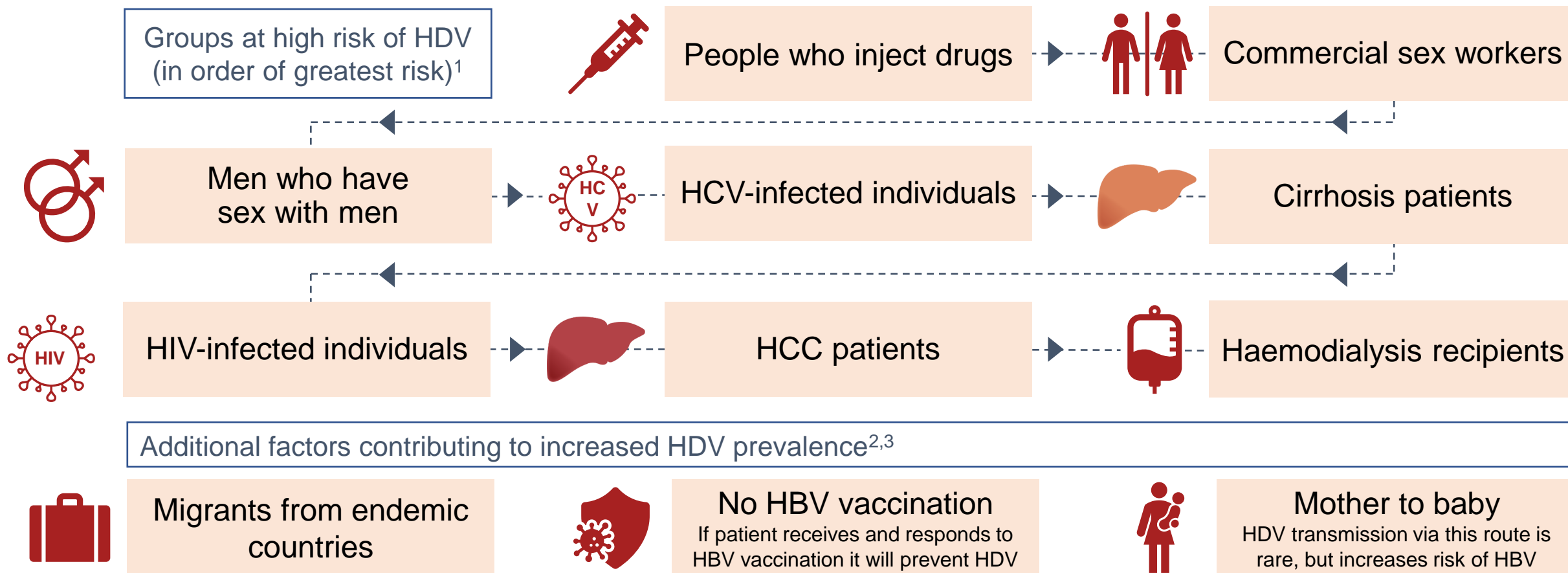
Estimated number of individuals with HDV in selected countries

An estimated 48-60 million people are infected with HDV worldwide



Numbers shown are patient numbers, ie prevalence of HDV in HBsAg-positive patients.
HBsAg: hepatitis B surface antigen; HDV: hepatitis delta virus.

Poblaciones de riesgo de infección por el VHD



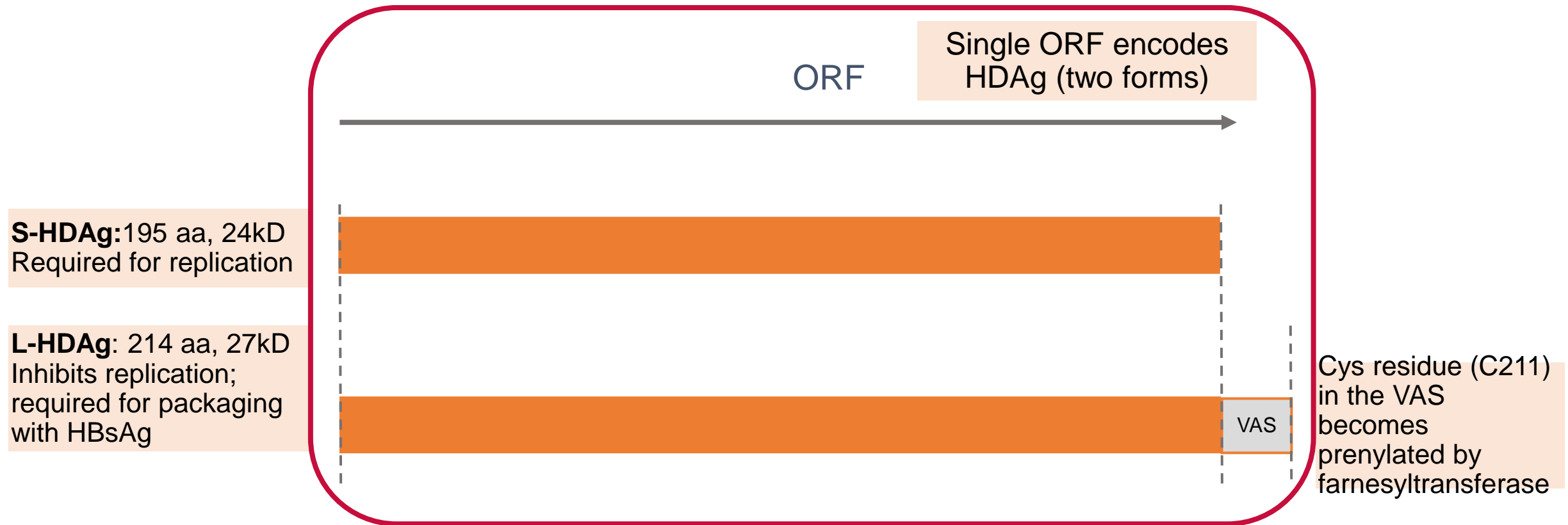
1. Stockdale A, et al. J Hepatol. 2020;73:523-32; 2. World Health Organization. Hepatitis delta fact sheet. July 2020. <https://www.who.int/news-room/fact-sheets/detail/hepatitis-d>. Accessed March 2021; 3. Centers for Disease Control and Prevention. Hepatitis D Questions and Answers for Health Professionals. <https://www.cdc.gov/hepatitis/hdv/hdvfaq.htm#section1>. Accessed March 2021.

Risk of developing HDV vs general population or HBsAg-positive population without HDV.

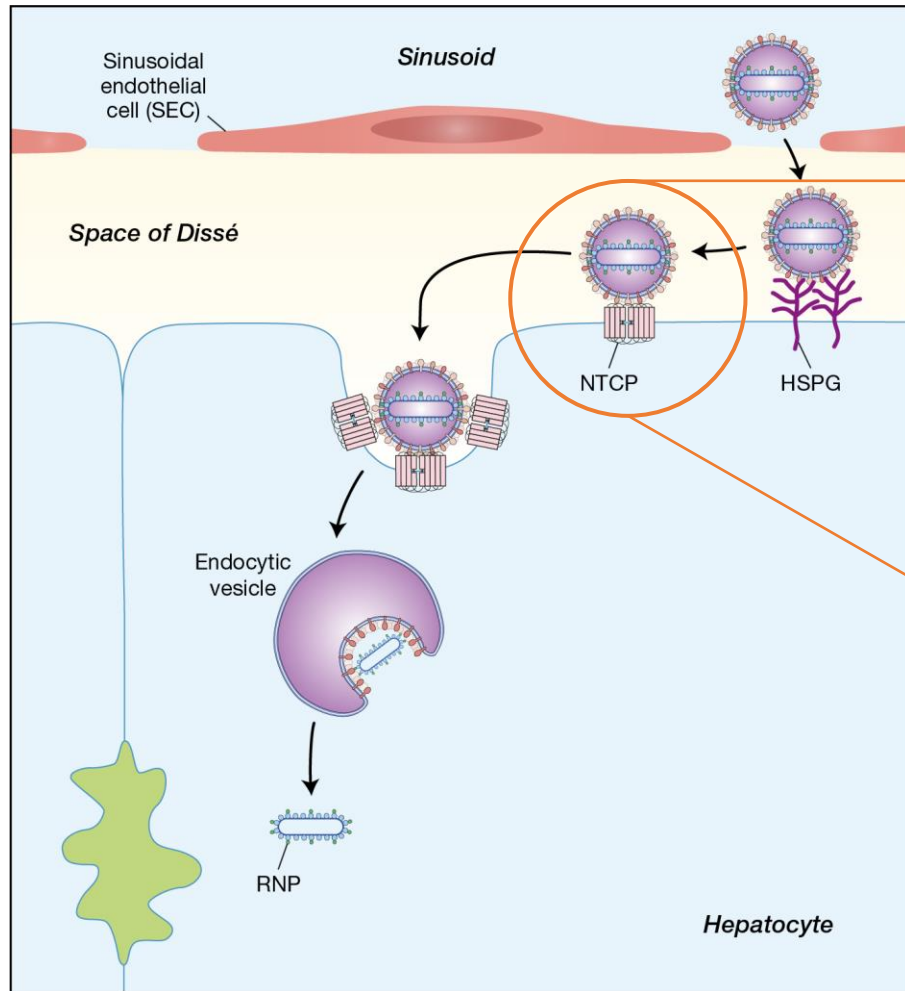
HBV: hepatitis B virus; HCC: hepatocellular carcinoma; HCV: hepatitis C virus; HDV: hepatitis delta virus; HIV: human immunodeficiency virus.

Virus de la hepatitis D (delta)

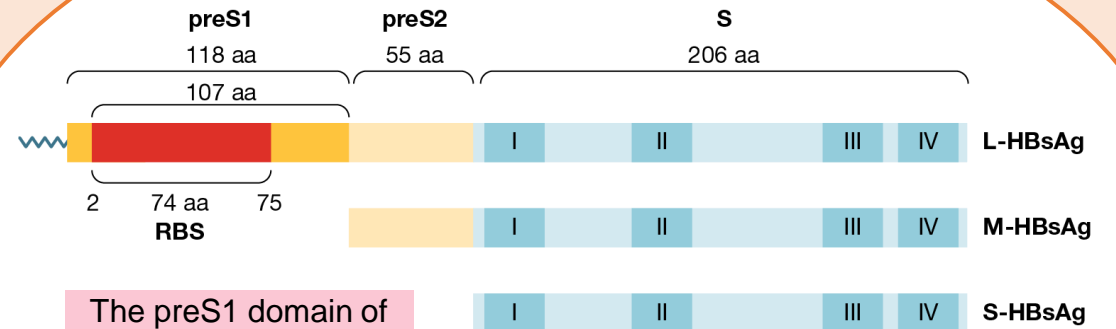
HDV virion contains a single-stranded circular RNA genome (1672-1697 nucleotides, genotype dependent)



El VHD entra en el hepatocito a través del receptor NTCP



Interaction between HDV and NTCP occurs at a binding site on HBsAg

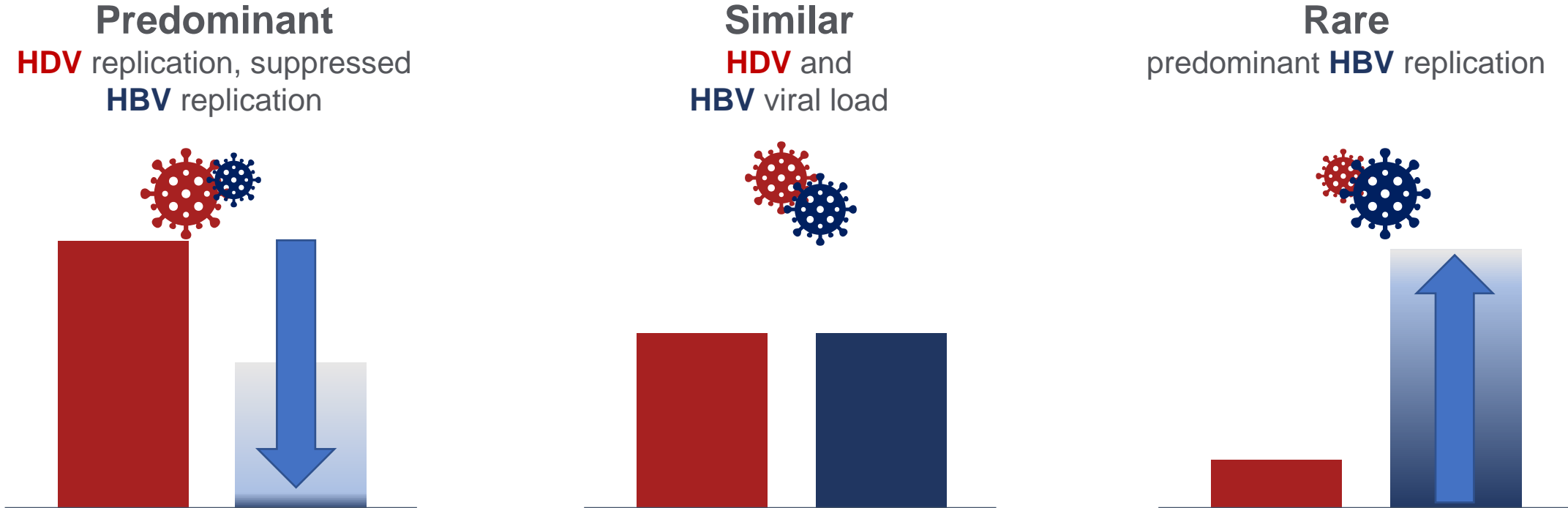


The preS1 domain of L-HBsAg binds to the NTCP receptor

Adapted from Urban S, et al. Gastroenterol 2014;147:48-64;
Lempp FA, et al. Nature Rev Gastroenterol Hepatol 2016;13:580-9.

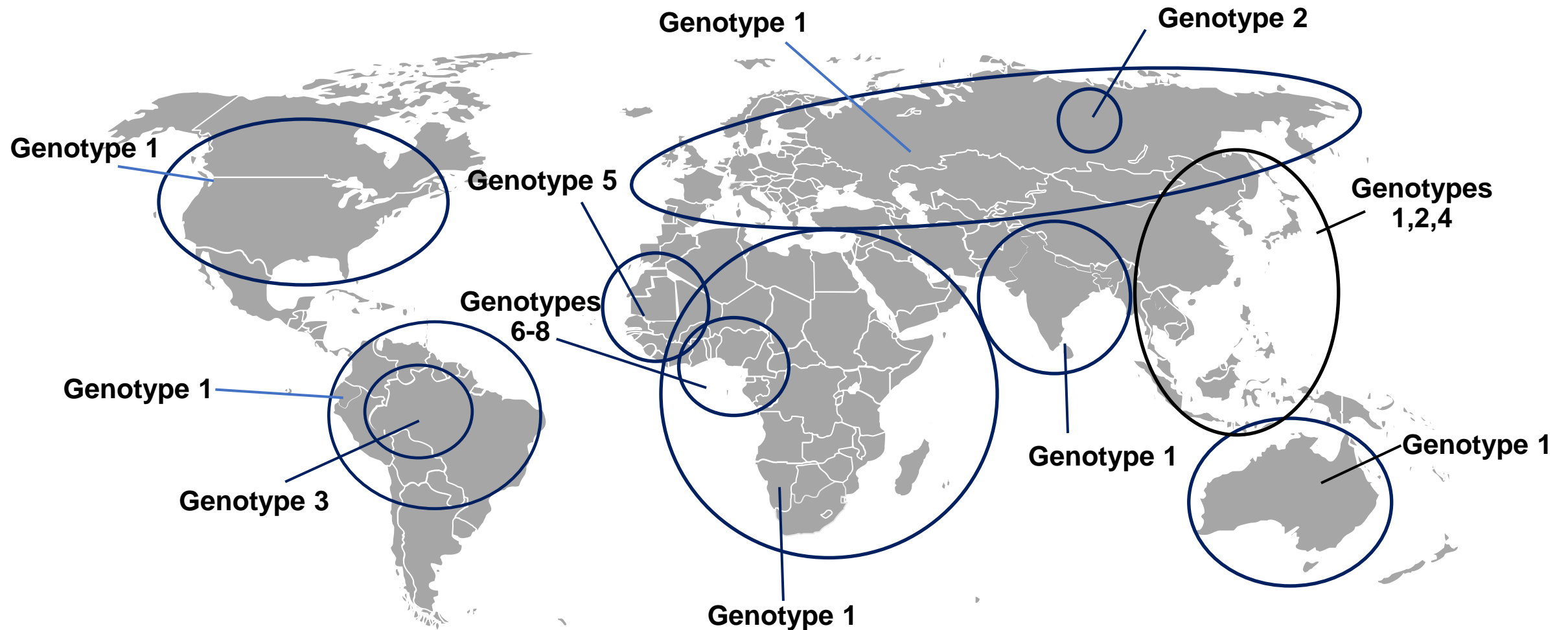
AA: amino acids; HBsAg: hepatitis B antigen; HDV: hepatitis delta virus; HSPG: heparan sulfate proteoglycan; L: large; M: middle; NCTP: human sodium taurocholate cotransporting polypeptide; RBS: receptor binding site; RNP: ribonucleoprotein; S: small; SEC: sinusoidal endothelial cell.

HDV suppression of HBV: three patterns of chronic infection



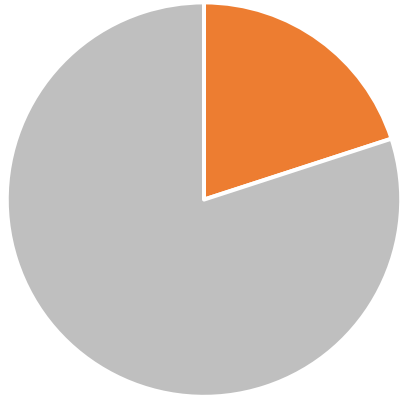
- HBV viral load has no impact on HDV viral load and outcomes
- HDV tends to suppress HBV replication
- Decrease in HDV viral load during treatment can increase HBV viral load as HDV's suppressive effect reduces
- Management of HBV with NAs should be based on guidelines and individual clinical decisions
- Treatment of HBV with NAs has no effect on HDV

Genotipos del VHD

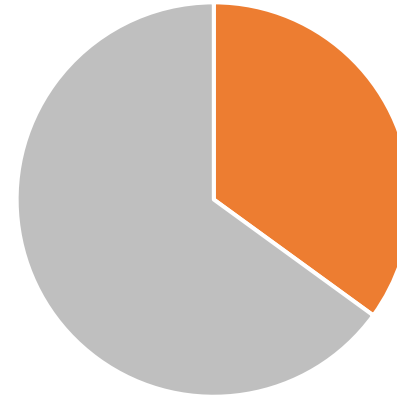


Map shows HDV prevalence from Miao Z, et al. J Infect Dis 2020;221:1677-87;
Koh C, et al. Gastroenterology 2019;156:461-76.

Diversidad genética entre los genotipos del VHD



<20% divergence within one genotype¹



Up to 36% divergence between genotypes¹

Disease severity ²		Diversity between genotypes ³						
		2	3	4	5	6	7	8
Genotype 1	Mild to severe	25.6	35.0	26.5	27.9	28.0	28.6	22.6
Genotype 2	Mild		34.4	24.1	24.1	26.1	26.9	25.3
Genotype 3	Severe, linked to Labrea fever			33.7	35.9	34.2	35.4	35.4
Genotype 4	Usually mild				25.0	26.6	26.2	24.9
Genotype 5	Not characterised	<25% divergence				25.5	25.4	25.1
Genotype 6	Not characterised	25-<30% divergence					28.5	26.5
Genotype 7	Not characterised	30-<35% divergence						23.4
Genotype 8	Not characterised	>35% divergence						

1. Lempp FA, et al. Nature Rep Gastroenterol Hepatol 2016;13:580-9;

2. Hughes SA, et al. Lancet 2011; 378:73-85; 3. Le Gal F, et al. Emerging Infect Dis 2006;12:1447-50.

Similarity calculated from complete nucleotide sequences.

HDV: hepatitis delta virus.

Hepatitis D (delta) aguda y crónica

Aguda

Incubation period: 3-7 weeks

Non-specific flu-like symptoms, high ALT/AST, jaundice

Severity of infection is influenced by timing of HDV infection (co-infection or superinfection)

Can cause hepatic failure (1-5%)

Crónica

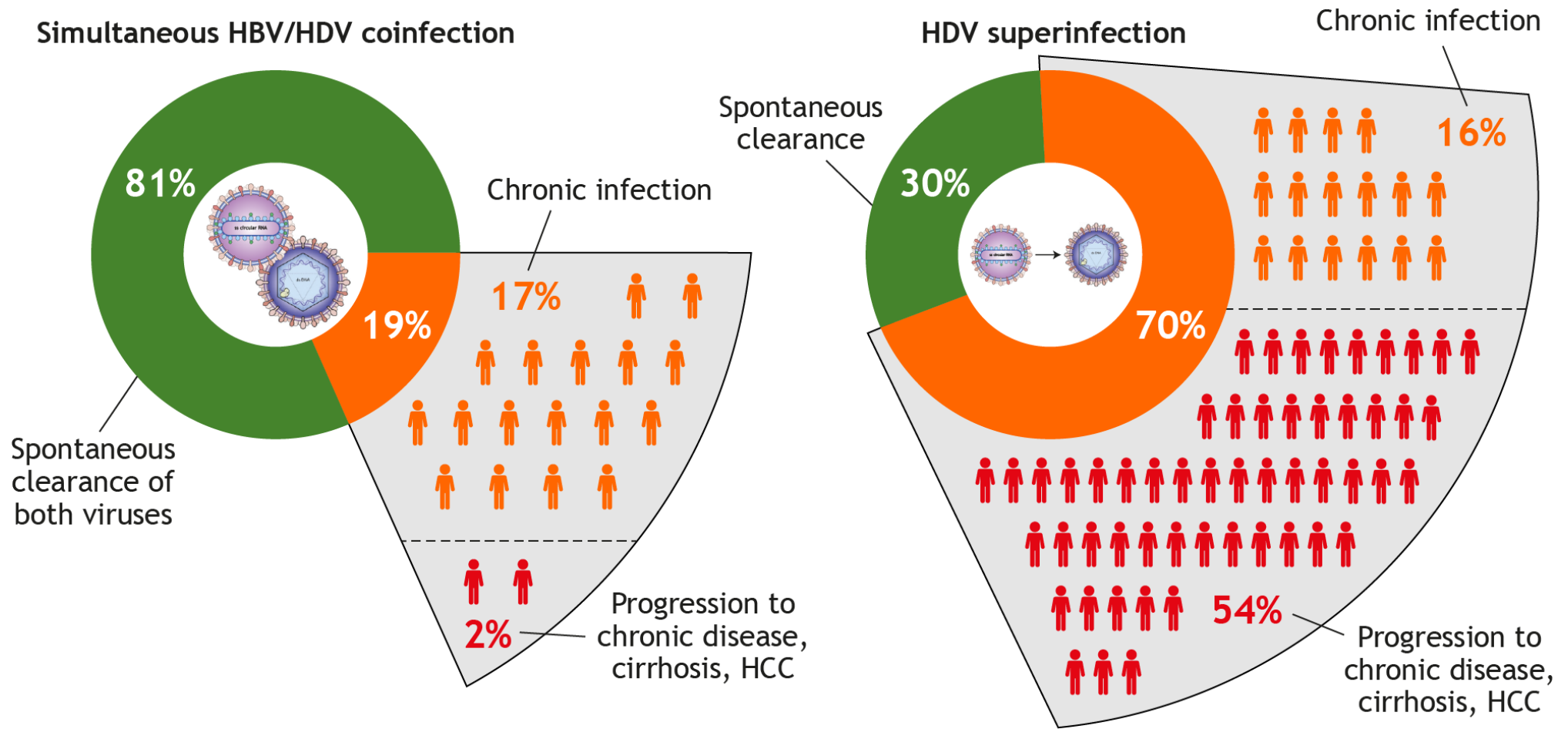
HDV persists for >6 months

Non-specific symptoms including fatigue, malaise, anorexia

Three patterns of infection

- HDV predominant (frequent)
- HBV and HDV similarly predominant
- HBV predominant (rare)

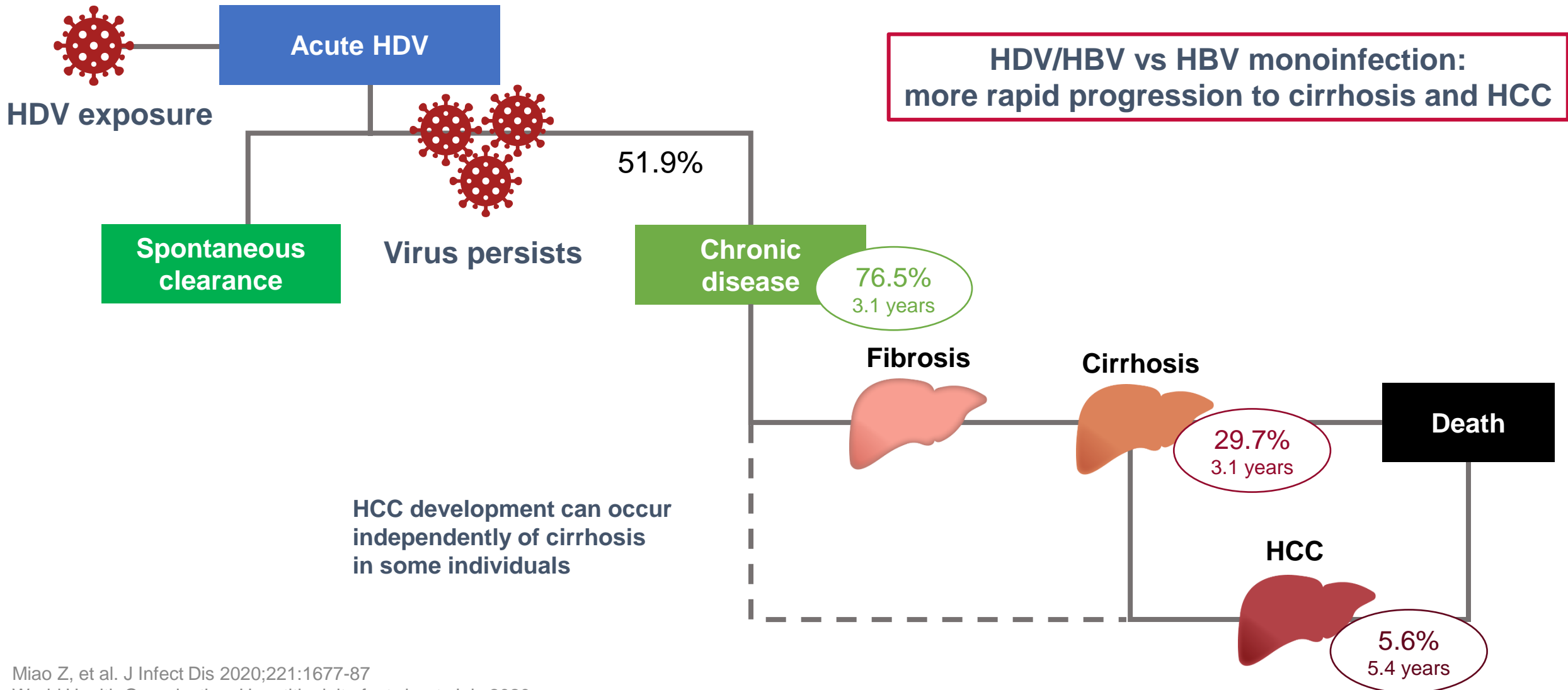
Curso evolutivo de la hepatitis D: coinfección vs superinfección



Data presented are based on estimates of HDV prevalence and disease progression rates determined in a large global epidemiology analysis.

HBV: hepatitis B virus; HCC: hepatocellular carcinoma; HDV: hepatitis delta virus.

Historia natural de la hepatitis D

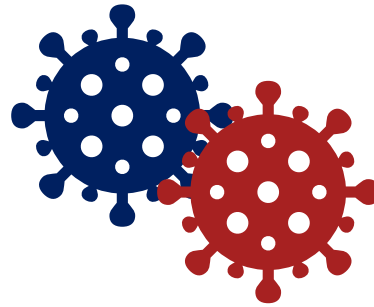


Miao Z, et al. J Infect Dis 2020;221:1677-87
 World Health Organization. Hepatitis delta fact sheet. July 2020.
<https://www.who.int/news-room/fact-sheets/detail/hepatitis-d>. Accessed March 2021.

HBV: hepatitis B virus; HCV: hepatitis C virus; HCC: hepatocellular carcinoma; HDV: hepatitis delta virus.

El VHD favorece la progresión a cirrosis y CHC en pacientes con infección por VHB

Chronic HBV/HDV infection







**Rapid progression to
long-term sequelae
of liver disease**

Cirrhosis within 5 years

HCC within 10 years



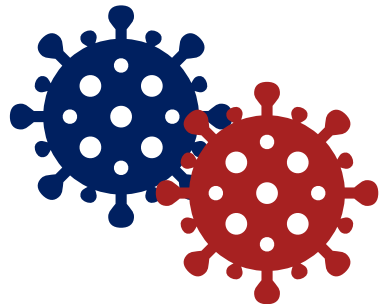
Long-term clinical outcomes in patients with chronic hepatitis delta: the role of persistent viraemia

Adriana Palom¹ | Sergio Rodríguez-Tajes^{2,3} | Carmen A. Navascués⁴ | Javier García-Samaniego^{3,5}  | Mar Riveiro-Barciela^{1,3}  | Sabela Lens^{2,3}  | Manuel Rodríguez⁴ | Rafael Esteban^{1,3} | Maria Buti^{1,3} 

Conclusions: Subjects with persistently positive HDV-RNA had a worse prognosis in terms of clinical events. Baseline-event-anticipation score is useful in predicting the risk of developing liver decompensation and hepatocellular carcinoma. Interferon was beneficial in reducing liver decompensation, even in the absence of virological response.

Mechanisms underlying increased progression to HCC in HBV/HDV patients

HBV/HDV co-infection



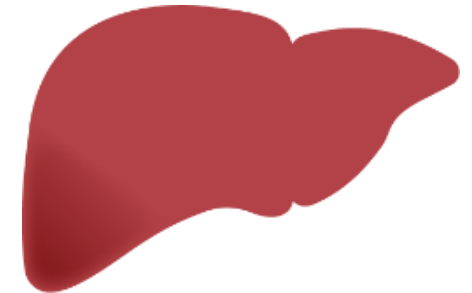
HDV **induces** oncogenic mechanisms

- NFkB activation
- JAK-STAT activation
- Down regulation of *GSTP-1*

HDV **enhances** HBV oncogenic properties

- Enhanced TGF- β signalling

HCC



Riesgo de descompensación y/o CHC en pacientes con hepatitis D

JOURNAL OF VIRAL HEPATITIS

JVH

Journal of Viral Hepatitis, 2014, 21, e154–e163

doi:10.1111/jvh.12251

Development and evaluation of a baseline-event-anticipation score for hepatitis delta

B. Calle Serrano,^{1,2} A. Großhennig,³ M. Homs,⁴ B. Heidrich,^{1,5} A. Erhardt,⁶ K. Deterding,¹ J. Jaroszewicz,^{1,7} B. Bremer,¹ A. Koch,³ M. Cornberg,¹ M. P. Manns,^{1,4} M. Buti³ and H. Wedemeyer^{1,2,4}

¹Department of Gastroenterology, Hepatology and Endocrinology, Hannover Medical School, Hannover, Germany; ²German Center for Infection Research (DZIF), Partner Site HepNet Study-House, Hannover, Germany; ³Institute for Biostatistics Hannover Medical School, Hannover, Germany; ⁴Liver Unit, Hospital General Universitario Vall d'Hebron and CIBERehd of Instituto Carlos III, Barcelona, Spain; ⁵Integrated Research and Treatment Center Transplantation (IFB-Tx), Hannover Medical School, Hannover, Germany; ⁶Department of Gastroenterology, Hepatology and Infectious Diseases, Heinrich-Heine-University, Dusseldorf, Germany; and ⁷Department of Infectious Diseases and Hepatology, Medical University of Bialystok, Bialystok, Poland

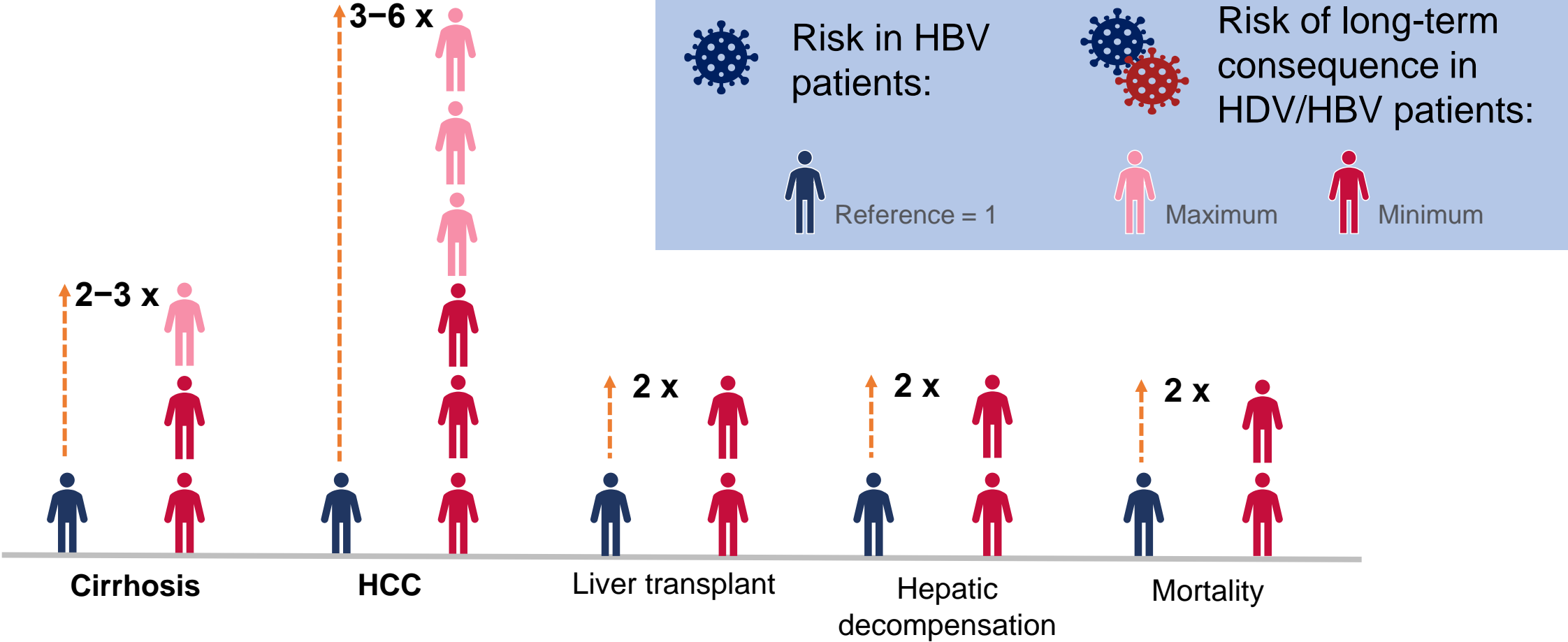
Received October 2013; accepted for publication January 2014

SUMMARY. Hepatitis delta is considered the most severe form of viral hepatitis, but variables associated with disease progression are poorly defined. This study aimed to identify risk factors associated with worse clinical outcome in patients with hepatitis delta and to develop a clinical score to determine their risk of experiencing liver-related morbidity or mortality. We followed 75 HBsAg–anti-HDV-positive patients with hepatitis delta for up to 16 years (median 5 years). The baseline-event-anticipation score (BEA score) was developed based on variables associated with the development of liver-related clinical complications. Age, region of origin, presence of cirrhosis, albumin, INR, hyperbilirubinemia and thrombocytopenia were all associated with the development of an event in the training cohort. The BEA score included age, sex, region of origin, bilirubin, platelets and INR. Points were

allocated according to hazard ratios, and three risk groups were defined: BEA-A mild risk, BEA-B moderate risk and BEA-C high risk. Hazard ratios of BEA-B and BEA-C patients for liver-related clinical endpoints were 9.01 and 25.27 vs BEA-A with an area under curve of the receiving operating characteristic curve of 0.88. The accuracy of the BEA score was confirmed in two independent validation cohorts followed in Barcelona ($n = 77$) and Düsseldorf ($n = 62$). Delta hepatitis is associated with a very severe long-term outcome. The BEA score is easy to apply and predicts with a very high accuracy the development of liver-related complications in patients with hepatitis delta.

Keywords: BEA score, clinical score, co-infection, HBV, HDV, hepatitis delta.

Increased risk of long-term consequences of viral hepatitis in HBV/HDV patients versus HBV monoinfection



Disease progression in chronic hepatitis B is not linear and HCC can develop in the absence of cirrhosis.

Da BL, et al. Gastroenterol Rep 2019;7:231-45.

HBV: hepatitis B virus;
HCC: hepatocellular carcinoma; HDV: hepatitis delta virus

Diagnóstico de la infección por VHD: serología y RNA-VHD

Anti-HDV

- First-line screening test



- Generally available globally
- Limited availability in developing countries

HDV RNA

- Assessed by NAT/RT-PCR
- Qualitative and quantitative
- Confirmatory test for active infection

- Broad commercial availability required
- Potential for false negatives
- High cost burden

Marcadores serológicos y diagnóstico de la hepatitis D

	 HBV serology				 HDV serology			
	HBsAg	Anti-HBc IgM	Anti-HBc IgG	HBV DNA	HDAg	Anti-HDV IgM	Anti-HDV IgG	HDV RNA
Acute HBV/HDV co-infection	+	+	+	+	±	+	+	+
Acute HBV/HDV superinfection	+	-	+	±	±	+	+	+
Chronic HBV/HDV infection	+	-	+	±	±	+	+	+
Resolved HBV and HDV	-	-	+	-	-	-	+	-

HBV and HDV serology markers can indicate the stage of infection

HDAg is often present transiently and is often not detected.

Anti-HBc IgG and anti-HDV IgG may not be present in early infection; Anti-HDV IgM remains persistently increased.

HBc: hepatitis B core; HBV: hepatitis B virus; HBsAg: hepatitis B surface antigen; HDAg: hepatitis delta antigen;

HDV: hepatitis delta virus; IgG: immunoglobulin G; IgM: immunoglobulin M; RNA: ribonucleic acid.

Hepatitis D: recomendaciones de las guías

Who to test?

How to test?

AASLD¹
(2018)

- HBsAg+ patients with HDV risk factors
- Low/undetectable HBV DNA and high ALT

- Anti-HDV
- HDV RNA

APASL²
(2016)

- Patients with chronic HBV and chronic liver disease

- HDAg or anti-HDV
- HDV RNA

EASL³
(2017)

- All patients infected with HBV

No recommendation

AEEH⁴
(2020)

All patients infected with HBV

No recommendation

1. Terrault N, et al. Hepatology 2018;67:1560-99; 2. Sarin SK, et al. Hepatol Int 2016;10:1-98;
3. European Association for the Study of the Liver. J Hepatol 2017;67:370-98;
4. Documento de Consenso de la AEEH. Gastroentrol Hepatol 2020; 43: 559-87

AASLD: American Association for the Study of Liver Diseases; ALT: alanine aminotransferase;
APASL: Asian Pacific Association for the Study of the Liver; EASL: European Association for the Study of the Liver; HBV: hepatitis B virus; HBsAg: hepatitis B surface antigen; HDAg: hepatitis D antigen; HDV: hepatitis D virus; RNA: ribonucleic acid; WHO: World Health Organization.



Gastroenterología y Hepatología

www.elsevier.es/gastroenterologia



DOCUMENTO DE CONSENSO

Documento de consenso de la Asociación Española para el Estudio del Hígado sobre el tratamiento de la infección por el virus de la hepatitis B (2020)

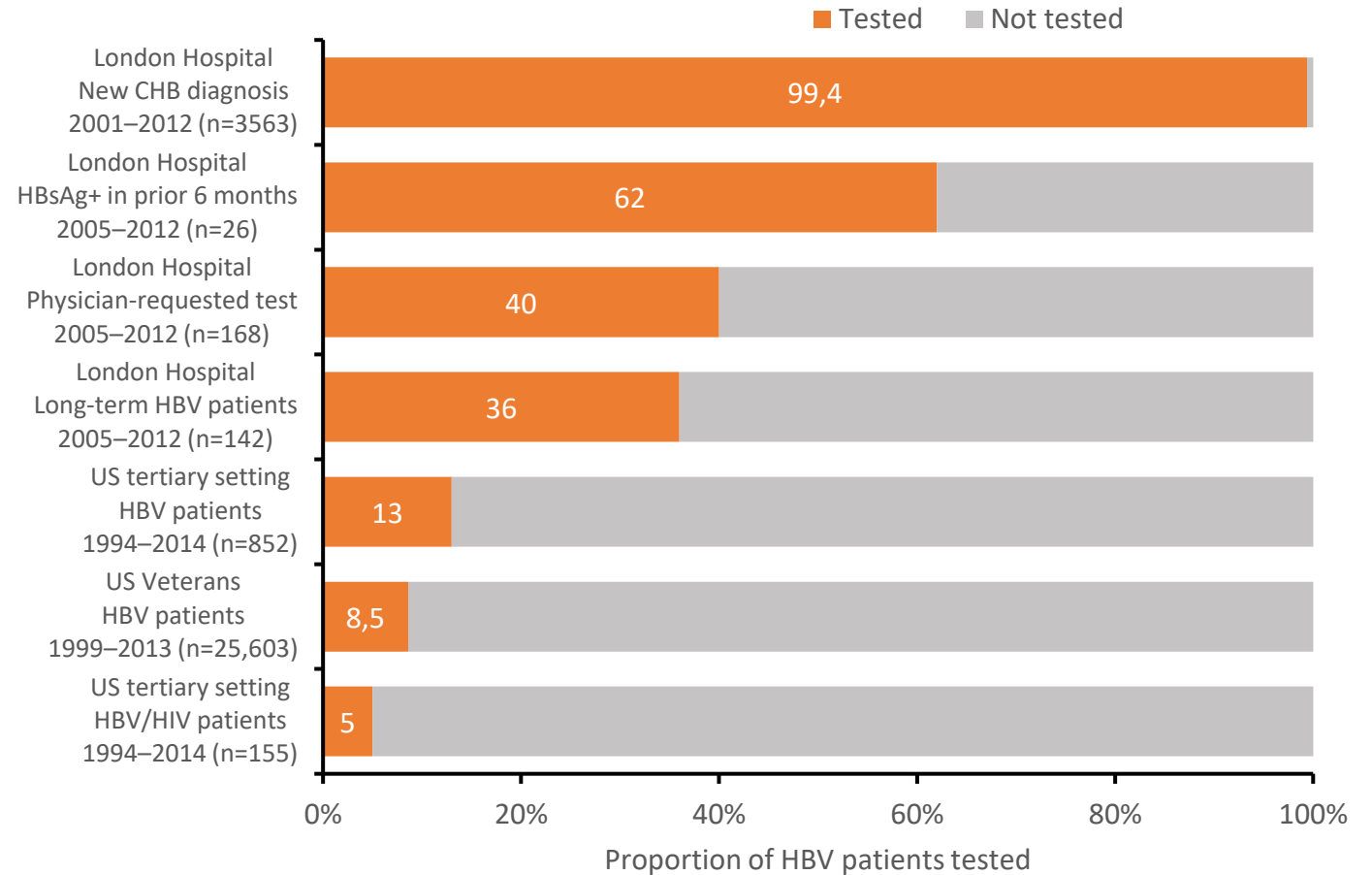
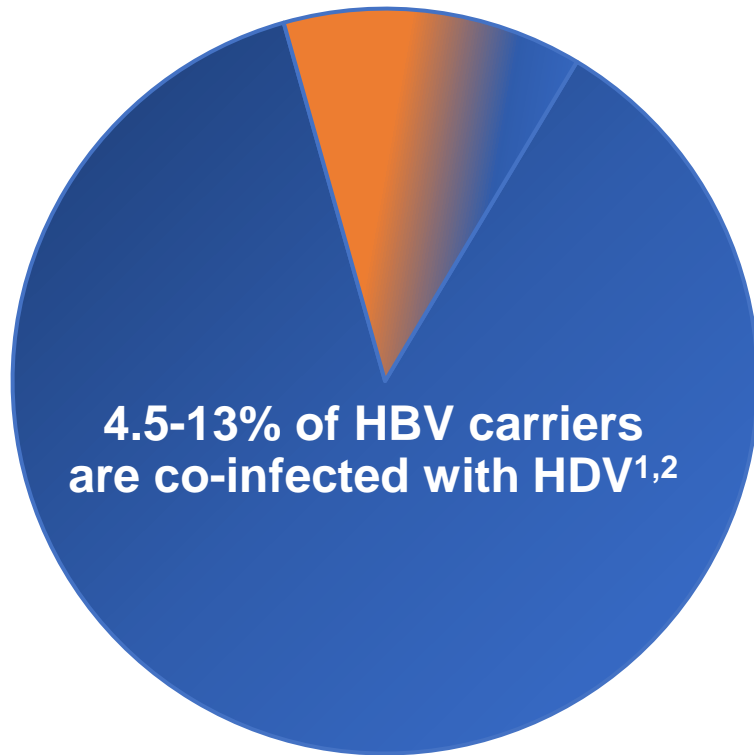


Manuel Rodríguez^{a,*}, María Buti^b, Rafael Esteban^b, Sabela Lens^c, Martín Prieto^d, Emilio Suárez^e y Javier García-Samaniego^{f,*}

*“El VHD infecta únicamente a los pacientes con HBsAg positivo y ello obliga a realizar el cribado de infección por VHD en **todos** los pacientes con hepatitis B”*

Disparidad en el cribado de la infección por VHD

HDV testing in HBV patients³⁻⁵



1. Miao Z, et al. J Infect Dis 2020;221:1677-87; 2. Stockdale AJ, et al. J Hepatol 2020;73:523-3; 3. Safaie P, et al. Virus Res 2018;250:114-7; 4. Kushner T, et al. J Hepatol 2015;63:586-92; 5. Bouzidi KE, et al. J Clin Virol 2015;66:33-7.

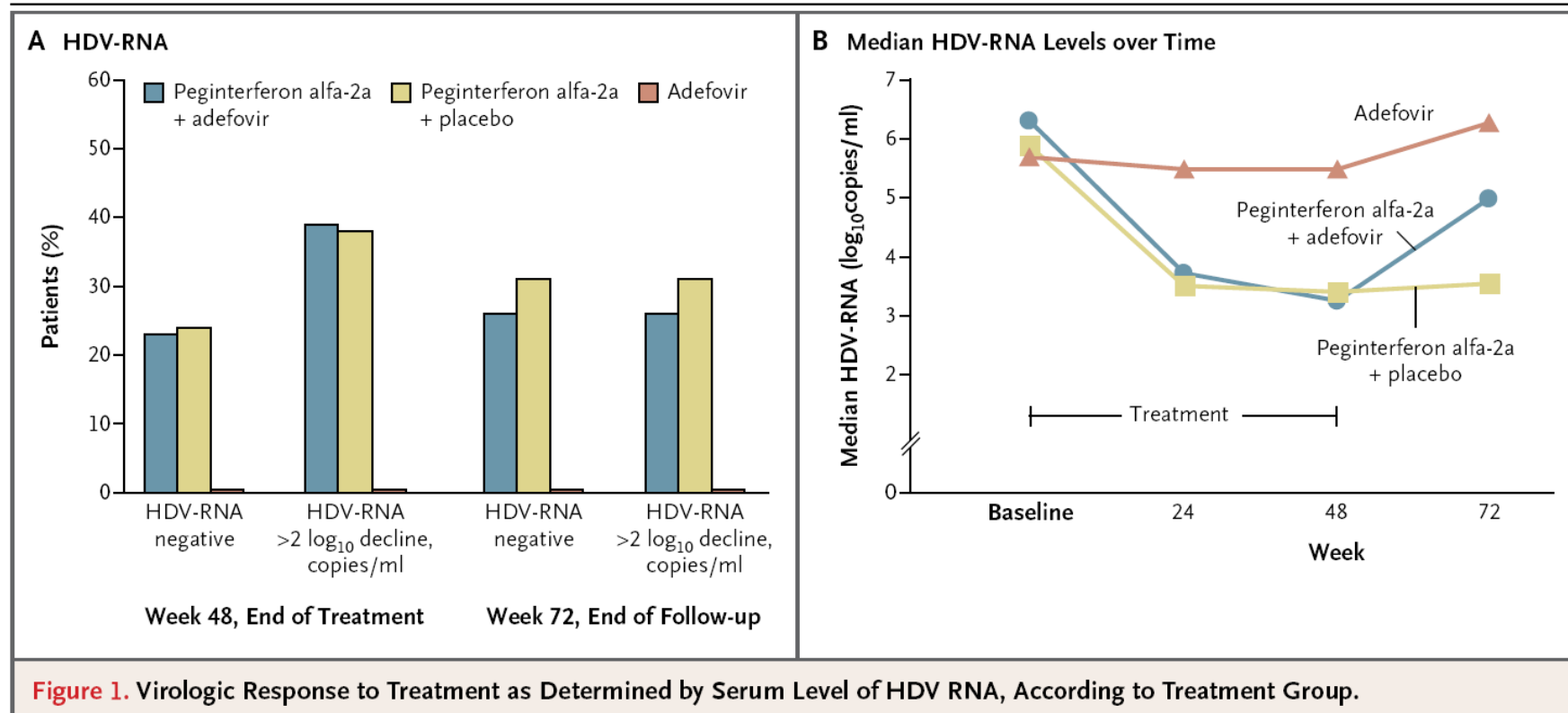
CHB: chronic hepatitis B virus; HBsAg: hepatitis B surface antigen; HBV: hepatitis B virus;

HDV: hepatitis D virus; HIV: human immunodeficiency virus.

Tratamientos basados en interferón para la hepatitis D

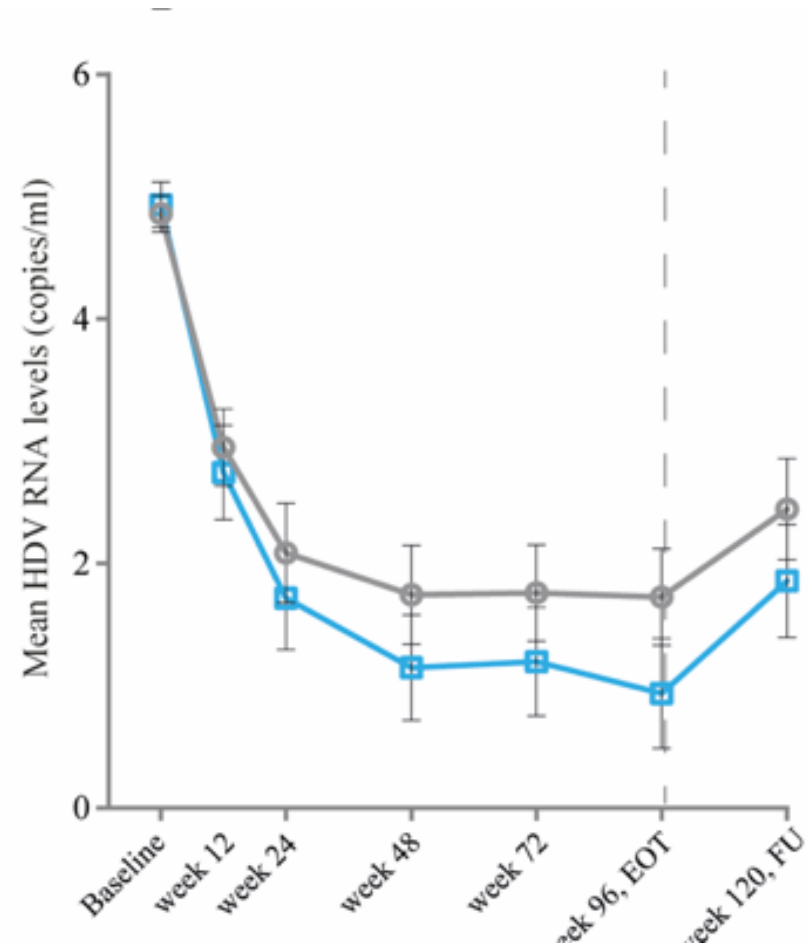
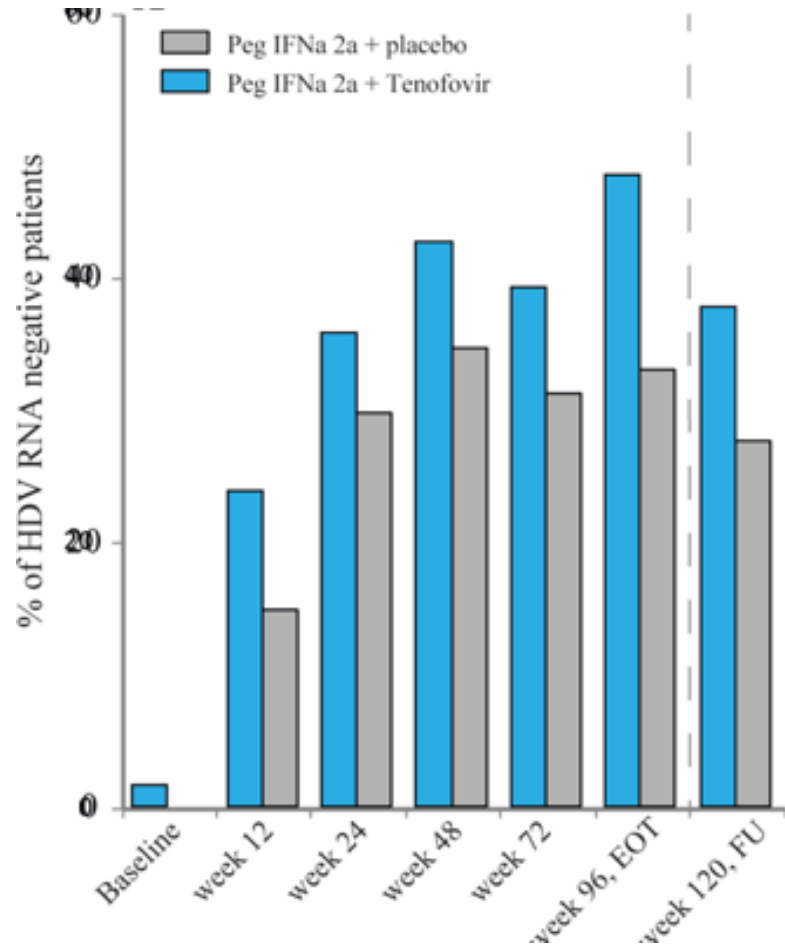
Treatment of Hepatitis Delta with PEG-IFNa-2a: ~25% HDV RNA suppression

- Wedemeyer, Yurdaydin et al. NEJM 2011



PEG-IFN α -2a plus TDF / Placebo

Wedemeyer et al., *Lancet Infect. Dis.* 2019; 19:275-286



PEG-IFN α treatment of hepatitis D

- PEG-IFN α leads to undetectable HDV RNA 24 weeks after therapy in:
HIDIT-I: 31% of patients (48 weeks of therapy; n=60) *(Wedemeyer, Yurdaydin et al., NEJM. 2011;364:322-31)*
HIDIT-II: 23% of patients (96 weeks of therapy; n=120) *(Wedemeyer, Yurdaydin et al., Lancet ID. 2019;19:275-86)*
- Late relapses occur in >50% of patients

(Heidrich et al., Hepatology. 2014;16:87-97)

- HDV RNA reduction/suppression is associated with an improved clinical long-term outcome

(Fanci Gastroenterology. 2004;126:1740-1749) (Heidrich et al., Hepatology. 2014;16:87-97)

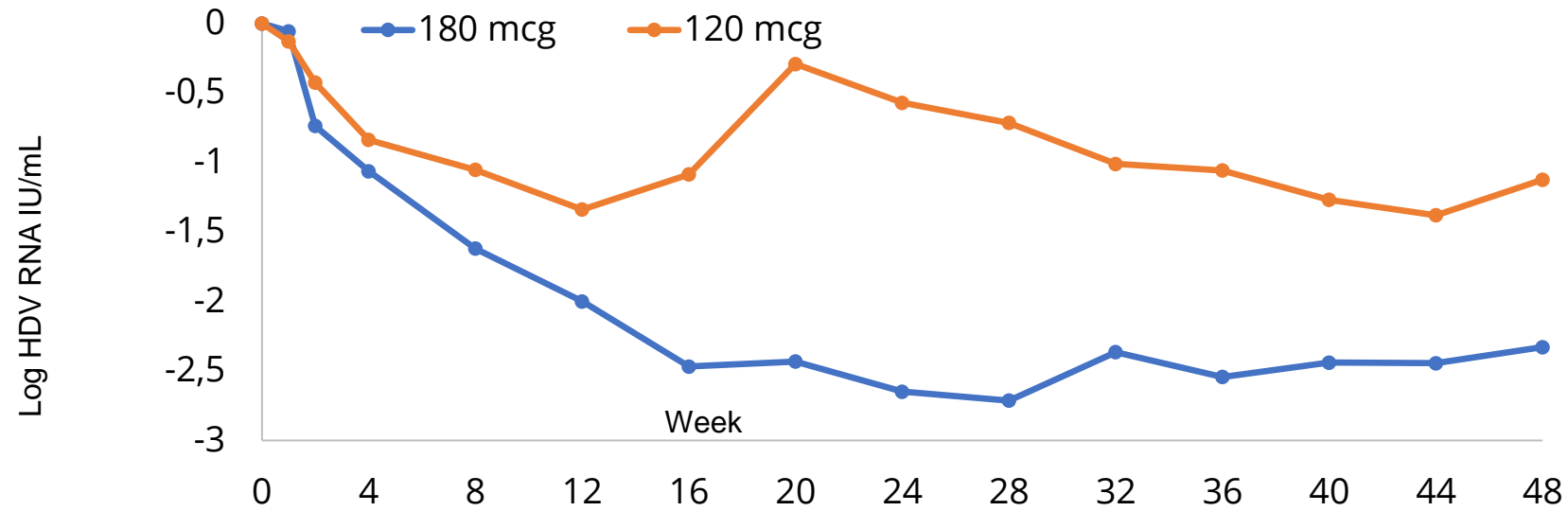
(Wranke et al., Hepatology. 2017;65:414-425)

(Yurdaydin et al., J Infect Dis 2018;217:1184-92)

(Kamal et al., Hepatology 2020)

(Roulot et al., J Hepatology 2020)

Therapy of HDV with IFN-lambda: Dose Dependent HDV RNA reduction



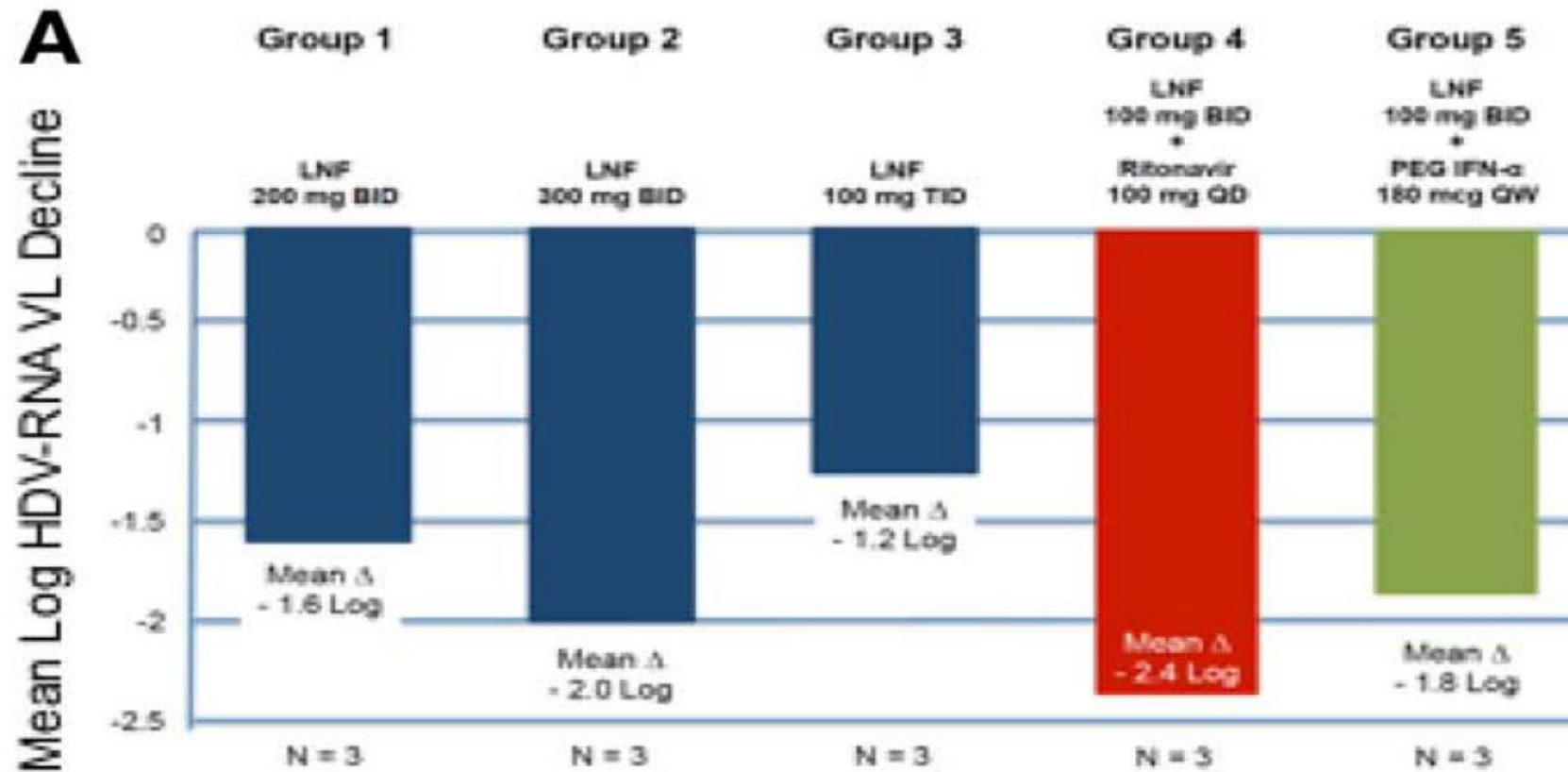
Nuevas opciones terapéuticas frente al VHD

Novel antiviral strategies against HDV in clinical development

	Target	Drug	Structure/function	Clinical Phase
<i>Entry inhibitors</i>	<ul style="list-style-type: none">• Sodium taurocholate co-transporting polypeptide (NTCP)	Myrcludex B	<ul style="list-style-type: none">• Myristoylated lipopeptide obtaining 47 amino acids of the pre S1 domain of L-HBsAg	Phase II
<i>Prenylation inhibitors</i>	<ul style="list-style-type: none">• Farnesyl or geranylgeranyl prenyl lipids	Lonafarnib	<ul style="list-style-type: none">• Inhibitor of an essential step in viral propagation and assembly	Phase II
<i>Nucleic acid polymers</i>	<ul style="list-style-type: none">• Amphipathic alpha-helices in class I surface glycoproteins	REP 2139-Ca	<ul style="list-style-type: none">• Blocks release of HBsAg particles: entry and post-entry antiviral activity	Phase II

Lonafarnib for HDV infection

LOWR-HDV-1



Bulevirtide (Myrcludex B)

- Specifically binds to sodium taurocholate co-transporting polypeptide (NTCP) at the basolateral membrane of differentiated hepatocytes

(Ni et al., Gastroenterology. 2014;146:1070-1083; Urban et al., Gastroenterology. 2014;147:48-64)

- Shows strong inhibitory potential for HBV/HDV infection (IC₅₀ ca 80 pM in PHH)

(Schulze et al., J. Virology. 2010;84:1989-2000)

- Exclusively targets parenchymal liver cells

(Meier et al., Hepatology. 2013;58:31-42)

- Has been dosed to >800 hepatitis B and D patients and healthy subjects

Bulevirtide (Myrcludex B)



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EMA/312782/2020 EMEA/H/C/004854

Hepcludex (*bulevirtide*)

An overview of Hepcludex and why it is authorised in the EU

Bulevirtide (Myrcludex B) to treat Hepatitis D



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4.1 Therapeutic indications

Hepcludex is indicated for the treatment of chronic hepatitis delta virus (HDV) infection in plasma (or serum) HDV-RNA positive adult patients with compensated liver disease.

4.2 Posology and method of administration

Treatment should be initiated only by a physician experienced in the treatment of patients with HDV infection.

Hepatitis D: datos básicos & resumen



9-60 million people infected with HDV globally

Defective RNA virus, requiring HBV for infection

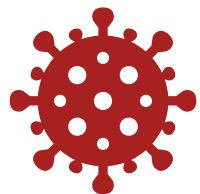
4.5-13% of HBV carriers co-infected with HDV



Most severe form of viral hepatitis

Increased risk of cirrhosis/HCC and higher mortality vs HBV

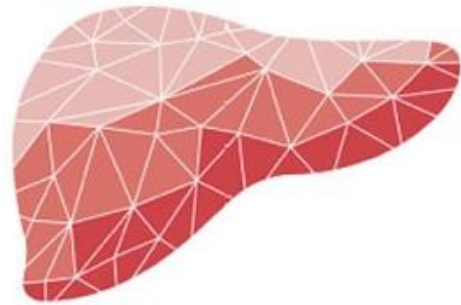
Progression to cirrhosis within 5 years and to HCC within 10 years



Eight HDV genotypes

Until recently, no approved therapeutic options

Screening of HDV is mandatory in all HBsAg-pos patients!



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